

Second Skin TATTOO AFTERCARE



by artdoze.tattoos

STAGE 1

Leave second skin on for 7 days.

1

STAGE 2

After 7 days, gently remove the second skin.

2

STAGE 3

The rest 10 days

3

DON'T

Things to AVOID

4

STAGE 4

3 to 6 months

5

STAGE 5

Long-term aftercare

6

STAGE 1

Unless you had a reaction in the first 24hours, do your best to keep the “second skin” on for 7 full days.

- Do not remove earlier as this can create scar tissue and will lead to bad healing of your tattoo.
- You will notice that your tattoo will ooze excess ink, plasma, and blood as your body reacts to the new wound. Your skin will also likely be red and feel somewhat sore, a little redness and swelling are to be expected.
- Don't panic if you see a build up of the mentioned above as this will dry in a couple of days and won't affect the healing.
- Some colors may ooze more than others, even if you are unable to see the tattoo due to the 'ink sac' don't worry, just let it be.
- It is normal if the skin underneath feels itchy. Avoid scratching it.

STAGE 2

REMOVING THE SECOND SKIN

After the 7 days, gently remove the second skin.

- Picking up a corner slowly start stretching the film to break up the glue and repeat until fully gone.
- Don't remove in a wax motion, as this can create scar tissue.
- Alternatively for easy removal you can also do it in the shower, by picking a corner and letting the water run inside the film, then gently remove it.

After removing it:

- Wash the whole area with very warm water and soap with gentle circular motions.
- Rinse and repeat to ensure no glue residue is left.
- Pat dry with clean paper towel and avoid rubbing the area.
- Don't worry if the tattoo looks "pale/faded" as it will darken in the next couple of weeks.

STAGE 3

Your tattoo heals similar to a sunburn and it will scab inside the second skin. Most of the scabs will come off when you remove the film. However there might be a few bits left as your tattoo will continue to heal in the next weeks. It is important to leave the scabs fall on their own time and not scratch or pick them. Avoid direct sunlight on the area for 3 to 6 weeks.








THE REST 10 DAYS

- For the next 10 days after removing the second skin, apply a tiny amount of cream 2 times a day. Until the skin is no longer dry/flaky or shiny. At this point you can use your normal daily moisturizer or one of these:



DON'T

MAKE SURE TO AVOID

-  • Avoid saunas, sunbeds, swimming pools, lakes, sea etc. To keep your tattoo away from infection.
-  • Don't scratch, or pull any crust, this will lead to scarring.
-  • Don't over moisturize! The tattoo shouldn't be greasy from thick layers of cream. This will lead to outbreaks and clogging the pores. If you see a rash or an outbreak, cream less often a tiny amount.
-  • Don't soak, or submerge your tattoo in water.
-  • Avoid heavy exercising or gym for at least the first 5 days. Excessive sweating can affect the healing of your tattoo plus gyms are a dangerous environment for a new tattoo.
-  • Avoid direct sunlight on the tattoo area for ideally 3 to 6 weeks. Tattoos are still healing and sun can damage their long-term look.
-  • Don't apply sunscreen or fake tan on a fresh tattoo. Wait at least 14days.

STAGE 4

FINAL TATTOO HEALING STAGE

Now you're entering the final stage of the healing process. The last of the dry skin will be working its way out. Scabs will be lessening and most of the skin shedding should wind down. Some areas stay dry for longer than others. It is important to keep up the hydration by using your normal daily moisturizer and drinking plenty of water.

Skin healing process may vary from person to person, as everyone's skin heals at a different rate. Generally the tattoo area should be completely healed within **3 to 6 months**.

Make sure to always:

- Use 50SPF sunscreen when you go outside on a sunny day.

If long exposed to direct sunlight ink can become raised or itchy. That is why even with sunscreen on, it is good to cover your tattoo with a light fabric/scarf if you are sunbathing to avoid it from raising and preserve the colors of your tattoo.

STAGE 5

SKIN IS COMPLETELY HEALED

You are completely healed when your tattoo surface is clear and has an even texture and feeling as the rest of your skin. What you'll be left with is a bright, healthy, vibrant tattoo.

To preserve your tattoos long-term at their best.

- Moisturize daily
- Drink water
- Keep them out of the sun

Fine-line tattoos

Fine-line tattoos and light colors are more prone to fading. This is why it is important to be consistent with the long-term care of your tattoos.